

SUNDAY

10:00AM hrshr **Spiritual Solutions**, Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130 **(C,D,H,SP)**

10:30AM hrshr **Unloaded**, DAFA House, 110 S Main St, Dickson, TN, 37055

12:30PM hrshr **1-2-3 Cha Cha Cha**, Nashville, TN, 37208 **(LT,Spe,VM)**

12:30PM hrshr **Keep It Real**, Fairlane Church Of Christ, Hybrid meeting meets in person and on Zoom 2nd and 4th Sundays of the month. Zoom ID 851 112 4561 Password keeptireal, 101 Dow Drive, Shelbyville, TN, 37160 **(BK,H,GP,HY)**

1:00PM hrshr **It Just Gets Better**, Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075 **(O)**

1:00PM hrshr **Sweet Surrender**, Serenity House, 102 Harris St, Madison, TN, 37115

2:00PM hrshr **Keep it Real**, Fairlane Church of Christ, 101 Dow Drive, Shelbyville, TN, 37160 **(LT,VM)**

5:00PM hrshr **Breaking the Cycle**, Otter Creek Church - West End, Special interest meeting for addicts with children. Child-friendly meeting. All addicts welcome!, 3534 West End Avenue, Nashville, TN, 37205 **(O,D)**

5:30PM hrshr **The Group Concience**, Priest Lake Community Baptist Church, 3325 Anderson Road, Antioch, TN, 37013 **(O)**

5:30PM hrshr **The Ties That Bind Us**, Cumberland Heights IOP, 745 S Church St Suite 501, Murfreesboro, TN, 37130 **(C,LT,H)**

6:00PM hrshr **Bordeaux Group**, House of Prayer Church, 1909 County Hospital rd., Nashville, TN, 37218 **(O,TC,VM)**

6:00PM hrshr **By The Book (Woodbury)**, Lions Club, 634 Lehman St., Woodbury, TN, 37190 **(C,LT,H)**

6:00PM hrshr **Surrender To Win**, Lafayette United Methodist Church, 600 West End Dr., Lafayette, TN, 37083 **(O)**

6:00PM hrshr **TRIP (Today Recovery Is Possible)**, Sumner Prevention Coalition, 117 East Winchester St, Gallatin, TN, 37066 **(O)**

6:30PM hrshr **Surrender to Win**, Apex Recovery, 209 Ward Circle, Brentwood, TN, 37027 **(B)**

6:30PM hrshr **Unloaded**, DAFA House, 110 S Main St, Dickson, TN, 37055

6:45PM hrshr **Hope Group**, Serenity House, 102 Harris St, Madison, TN, 37115 **(HY)**

7:00PM hrshr **New Comers Group**, Hohenwald First United Methodist Chuch, 200 Court Street, Hohenwald, TN, 38462 **(D,LT)**

7:00PM hrshr **New Hope Group**, St Peter's Episcopal Church - Use Walker Street Entrance, Closed meeting 1st Sunday of each month 6pm, 311 W 7th St., Columbia, TN, 38401

7:00PM hrshr **Process of Progress**, First Presbyterian Church, Access through side doors by gazebo, 202 South 2nd Street, Pulaski, TN, 38478

7:00PM hrshr **Sharing and Caring**, Veteran's Park, 530 Shoal Circle, Lawrenceburg, TN, 38464 **(O)**

7:30PM hrshr **Fan The Flame**, Brook Hollow Baptist Church, 678 Brook Hollow Road (Main Entrance) Nashville, TN, 37209 **(O,D)**

7:30PM hrshr **It Works**, TN, 37212 **(VM)**

MONDAY

7:00AM hrshr **Early Birds**, Madison, TN, 37115 **(D,LT,VM)**

NOON hrshr **High Steppers**, Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091 **(C,D,BK,H)**

NOON hrshr **Out to Lunch Bunch**, Belmont United Methodist Church (Outreach center at rear of church, downstairs) 2007 Acklen Ave, Nashville, TN, 37212 **(O,NS)**

NOON hrshr **Sweet Surrender**, Serenity House, 102 Harris St, Madison, TN, 37115

MONDAY (CONT)

6:00PM hrshr **By The Book**, Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130 **(C,LT,H,HY)**

6:00PM hrshr **I Can't; We Can**, Meets at Parish Life Center, 1217 Gallatin Pk South, Madison, TN, 37115 **(O)**

6:30PM hrshr **GLOW**, Cumberland Heights IOP Facility, 745 S. Church St. Ste. 501, Murfreesboro, TN, 37130 **(O,ME,H)**

6:30PM hrshr **Unloaded**, DAFA House, 110 S Main St, Dickson, TN, 37055

6:45PM hrshr **Hope Group**, Serenity House, 102 Harris St, Madison, TN, 37115 **(HY)**

7:00PM hrshr **Breaking Free**, Maury Hills Church, 101 Unity Lane, Columbia, TN, 38401 **(O)**

7:00PM hrshr **Clean and Serene**, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 **(D)**

7:00PM hrshr **Ghostbusters**, Metropolitan Interdenominational Church, 2128 11th Ave. North, Nashville, TN, 37208 **(O,D,BK)**

7:00PM hrshr **New Hope Group**, St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401

7:00PM hrshr **Rutherford County Night Owls**, First United Methodist Church (upstairs 2nd floor) 265 W Thompson Ln, Murfreesboro, TN, 37129 **(O,D)**

7:00PM hrshr **Sharing and Caring**, First United Methodist Church, 212 Waterloo Street, Lawrenceburg, TN, 38464 **(O)**

7:30PM hrshr **Drop It Off**, Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211 **(D)**

7:30PM hrshr **Miracles on Monday**, Emmanuel Lutheran Church, 1003 Hickory Hills Lane, Hermitage, TN, 37076 **(O,D)**

7:30PM hrshr **Mother Group**, Westend United Methodist Church, 2200 West End Avenue, Nashville, TN, 37203 **(O,D,St,Tr,Spe)**

7:30PM hrshr **Women In Recovery**, Sumner Prevention Coalition, 117 East Winchester St, Gallitan, TN, 37066 **(O,W)**

TUESDAY

11:30AM hrshr **Midday Miracles**, Jefferson Street Missionary Bapt, 2708 Jefferson Street, Nashville, TN, 37208 **(O,D)**

NOON hrshr **Recovery at Noon**, Central Christian Church, Basement, 404 East Main Street, Murfreesboro, TN, 37130 **(O)**

NOON hrshr **Sweet Surrender**, Serenity House, 102 Harris St, Madison, TN, 37115

5:30PM hrshr **Happy Hour**, Belmont United Methodist Church (Back Entrance, Downstairs, Community Center) Masks suggested and are provided, 2007 Acklen Ave., Nashville, TN, 37212 **(O)**

6:00PM hrshr **By The Book**, Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130 **(C,D,LT,H,HY)**

6:00PM hrshr **The Next Step**, Serenity House, 313 N. Collins St., Tullahoma, TN, 37388 **(O,D,H)**

6:30PM hrshr **Keeping Hope Alive**, 185 Mason Circle, La Vergne, TN, 37086

6:30PM hrshr **Keeping Hope Alive**, LaVergne Freewill Baptist Church, 185 Mason Circle, LaVergne, TN, 37086 **(C,H)**

6:30PM hrshr **Primary Purpose**, Cumberland Presbyterian Church, 522 Castle Heights Ave., Lebanon, TN, 37090 **(O,D)**

6:30PM hrshr **Primary Purpose**, Cumberland Presbyterian Church, 522 Castle Heights Avenue, Lebanon, TN, 37090

6:30PM hrshr **Unloaded**, DAFA House, 110 S Main St, Dickson, TN, 37055

6:45PM hrshr **Hope Group**, Serenity House, 102 Harris St, Madison, TN, 37115 **(HY)**

6:45PM hrshr **Underground Recovery Men's Meeting**, Central Christian Church, 404 East Main St, Murfreesboro, TN, 37130 **(M,BK)**

7:00PM hrshr **Clean and Serene**, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 **(D)**

7:00PM hrshr **Get Honest Hour**, Grove Hill Church, 5216 Nashville Hwy, Chapel Hill, TN, 37034 **(C,D,H)**

TUESDAY (CONT)

7:00PM hrshr **High Steppers**, Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091 **(D,BK,H)**

7:00PM hrshr **Hope Not Dope**, Westmoreland Church of Christ, Speak and Eat Meeting, 1600 New Hwy. 52, Westmoreland, TN, 37186 **(O,E)**

7:00PM hrshr **It Just Gets Better**, Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075 **(O)**

7:00PM hrshr **New Comers Group**, Hohenwald First United Methodist Chuch, 200 Court Street, Hohenwald, TN, 38462 **(D,LT)**

7:00PM hrshr **New Hope Group**, St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401

7:00PM hrshr **No Matter What Group**, West End Baptist Church, 200 Morgan Ave N, Fayetteville, TN, 37334 **(O,B,D,H)**

7:00PM hrshr **Open Arms**, Born Again Church, 858 West Trinity Lane, Nashville, TN, 37207

7:00PM hrshr **Process of Progress**, First Presbyterian Church, Access through side doors by gazebo, 202 South 2nd Street, Pulaski, TN, 38478

7:00PM hrshr **Recovery Is Possible**, Temple Baptist Church (Meeting meets in the basement) 34 Oak Tree Drive, McMinnville, TN, 37110 **(C,O,D,LT,H)**

7:00PM hrshr **Sharing and Caring**, First United Methodist Church, 212 Waterloo Street, Lawrenceburg, TN, 38464 **(O)**

7:00PM hrshr **Spiritual Foundation**, Apex Recovery, Enter through side door of Parking lot, 209 Ward Circle, Brentwood, TN, 37027 **(To)**

7:00PM hrshr **THE SPOT (Spiritual Principle of Today)**, Connection UMC, Meeting is the downstairs entrance until March 2027 (look for NA sign) 2846 Lebanon Pike, Nashville, TN, 37214 **(O,D,LT,SP)**

7:00PM hrshr **TNC: The Next Chapter**, Bledsoe Baptist Church, Basic Text Study 1st Tuesday of the Month, 145 East Smith st, Gallatin, TN, 37066 **(O,BT)**

7:30PM hrshr **Drop It Off**, Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211 **(LT)**

7:30PM hrshr **Masq Off Recovery LGBT Plus - All Are Welcome**, City Roads United Methodist Church - 3rd Floor, 701 Gallatin Road S., Madison, TN, 37115 **(CL,LGBT,LT)**

7:30PM hrshr **The M&M Meeting (Mindfulness and Meditation)**, Park Center East, 948 Woodland Street, Nashville, TN, 37206 **(JT,ME)**

WEDNESDAY

7:00AM hrshr **Early Birds**, Madison, TN, 37115 **(D,LT,VM)**

NOON hrshr **Out to Lunch Bunch**, Belmont United Methodist Church (Outreach center at rear of church, downstairs) NOTE: OTLB IS NOW MEETING ONLY ON MON/WED/FRI, 2007 Acklen Ave, Nashville, TN, 37212 **(LT)**

NOON hrshr **Primary Purpose**, Cumberland Presbyterian Church, 522 Castle Heights Ave., Lebanon, TN, 37090 **(O,D)**

NOON hrshr **Primary Purpose**, Cumberland Heights Presbyterian Church, 522 Castle Heights Avenue, Lebanon, TN, 37090

NOON hrshr **Spiritual Solutions**, Cumberland Heights IOP Facility, 745 S. Church St, Ste 501, Murfreesboro, TN, 37130 **(C,D,H,SP)**

NOON hrshr **Sweet Surrender**, Serenity House, 102 Harris St, Madison, TN, 37115

NOON hrshr **TRIP (Today Recovery Is Possble)**, Sumner Prevention Coalition, 117 East Winchester St, TN, 37066 **(O)**

5:30PM hrshr **The Golden Hour Group**, Advent Lutheran Church, 1700 Irby Lane, Murfreesboro, TN, 37127 **(C)**

6:00PM hrshr **No More Tears**, No More Tears Recovery, Inc. Office, Near Damo's, 1308 E Main St, Waverly, TN, 37185 **(B)**

6:00PM hrshr **Spiritual Solutions**, Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130 **(C,D,H,SP)**

WEDNESDAY (CONT)

6:00PM hrshr **Surrender To Win**, Lafayette United Methodist Church, 600 West End Dr., Lafayette, TN, 37083 **(O)**

6:30PM hrshr **Promise of Freedom**, BrightPath Recovery Services, 433 Nissan Dr, Suite 202, Smyrna, TN, 37167 **(O,D,LT)**

6:30PM hrshr **Unloaded**, DAFA House, 110 S Main St, Dickson, TN, 37055

6:45PM hrshr **Hope Group**, Serenity House, 102 Harris St, Madison, TN, 37115 **(HY)**

6:45PM hrshr **Underground Recovery**, The Central Christian Church, 404 E Main St, Murfreesboro, TN, 37130 **(RF)**

7:00PM hrshr **Clean and Serene**, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 **(D)**

7:00PM hrshr **Dechard Surrender**, Dechard United Methodist Church, Open/Topic Meeting, 301 E Main St, Dechard, TN, 37324 **(CL)**

7:00PM hrshr **Keep It Real Group (Zoom Only)**, Shelbyville, TN, 37160 **(O,VM)**

7:00PM hrshr **New Hope Group**, St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401

7:00PM hrshr **Sharing and Caring**, Veteran's Park, 530 Shoal Circle, Lawrenceburg, TN, 38464 **(O)**

7:00PM hrshr **Spirit**, Meeting ID# 873-7223-2477; Passcode 121212; Phone users use *6 to mute/unmute, Nashville, TN, 37208 **(VM)**

7:00PM hrshr **Spiritual Awakening**, Refuge Church Nashville, 309 Rayon Dr, Old Hickory, TN, 37076 **(O)**

7:30PM hrshr **Another Choice**, Hermitage United Methodist Church, 205 Belinda Drive, Hermitage, TN, 37076 **(VM)**

7:30PM hrshr **Easy Does It**, 1215 Gallatin Ave, Nashville, TN, 37206

7:30PM hrshr **Fan The Flame**, Brook Hollow Baptist Church, 678 Brook Hollow Road (Main Entrance) Nashville, TN, 37209 **(O,LT)**

7:30PM hrshr **Step by Step**, Woodmont Hills Church, Parking and entrance are on the back of the building. Enter through the main doors that are under the large awning on the backside of the church., 3710 Franklin Pike, Room 202, Nashville, TN, 37204

THURSDAY

11:30AM hrshr **Midday Miracles**, Jefferson Street Missionary Bapt, 2708 Jefferson Street, Nashville, TN, 37208 **(O,D)**

NOON hrshr **Recovery at Noon**, Central Christian Church, Basement, 404 East Main Street, Murfreesboro, TN, 37130 **(O)**

NOON hrshr **Sweet Surrender**, Serenity House, 102 Harris St, Madison, TN, 37115

4:30PM hrshr **Freedom and Goodwill**, Nashville, TN, 37207 **(VM)**

6:00PM hrshr **By The Book**, Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130 **(C,St,Tr,CP,LT,H,HY)**

6:30PM hrshr **Unloaded**, DAFA House, 110 S Main St, Dickson, TN, 37055 **(LT)**

6:45PM hrshr **Hope Group**, Serenity House, 102 Harris St, Madison, TN, 37115 **(HY)**

6:45PM hrshr **Never Alone**, Central Christian Church, 404 East Main Street, Murfreesboro, TN, 37130 **(O,D)**

7:00PM hrshr **Clean and Serene**, Dekalb Community Complex, 712 S. Congress Blvd, Smithville, TN, 37166 **(D)**

7:00PM hrshr **Family is Forever**, Franklin First United Methodist Church, Use South B Entrance ground level next to dumpsters on south side of church. First room on left (B136) after entering door. If outside door locked, please knock and someone will let you in., 120 Aldersgate Way, Franklin, TN, 37069 **(D)**

7:00PM hrshr **For Addicts Only**, Highland Park Church, 5710 Knob Rd., Nashville, TN, 37209 **(C)**

7:00PM hrshr **Hope Not Dope**, Westmoreland Church of Christ, Speak and Eat Meeting, 1600 New Hwy. 52, Westmoreland, TN, 37186 **(O,E)**

