

## SUNDAY

10:00AM	<b>Spiritual Solutions</b> , Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130	(C,D,H,SP)
10:30AM	<b>Unloaded</b> , DAFA House, 110 S Main St, Dickson, TN, 37055	
12:30PM	<b>1-2-3 Cha Cha Cha</b> , Nashville, TN, 37208	(LT,Spe,VM)
12:30PM	<b>Keep It Real</b> , Fairlane Church Of Christ, Hybrid meeting meets in person and on Zoom 2nd and 4th Sundays of the month.	
	Zoom ID 851 112 4561 Password keepitreal, 101 Dow Drive, Shelbyville, TN, 37160	(BK,H,GP,HY)
1:00PM	<b>It Just Gets Better</b> , Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075	(O)
1:00PM	<b>Sweet Surrender</b> , City Roads United Methodist Church - 3rd Floor, 701 Gallatin Road S., Madison, TN, 37115	
2:00PM	<b>Keep it Real</b> , Fairlane Church of Christ, 101 Dow Drive, Shelbyville, TN, 37160	(LT,VM)
5:00PM	<b>Breaking the Cycle</b> , Otter Creek Church - West End, Special interest meeting for addicts with children. Child-friendly meeting. All addicts welcome!, 3534 West End Avenue, Nashville, TN, 37205	(O,D)
5:30PM	<b>The Group Conscience</b> , Priest Lake Community Baptist Church, 3325 Anderson Road, Antioch, TN, 37013	(O)
5:30PM	<b>The Ties That Bind Us</b> , Cumberland Heights IOP, 745 S Church St Suite 501, Murfreesboro, TN, 37130	(C,LT,H)
6:00PM	<b>Bordeaux Group</b> , House of Prayer Church, 1909 County Hospital rd., Nashville, TN, 37218	(O,TC,VM)
6:00PM	<b>By The Book (Woodbury)</b> , Lions Club, 634 Lehman St., Woodbury, TN, 37190	(C,LT,H)
6:00PM	<b>Surrender To Win</b> , Lafayette United Methodist Church, 600 West End Dr., Lafayette, TN, 37083	(O)
6:30PM	<b>Surrender to Win</b> , Apex Recovery, 209 Ward Circle, Brentwood, TN, 37027	(B)
6:30PM	<b>Unloaded</b> , DAFA House, 110 S Main St, Dickson, TN, 37055	
6:45PM	<b>Hope Group</b> , Serenity House, 102 Harris St, Madison, TN, 37115	(HY)
7:00PM	<b>New Comers Group</b> , Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462	(D,LT)
7:00PM	<b>New Hope Group</b> , St Peter's Episcopal Church - Use Walker Street Entrance, Closed meeting 1st Sunday of each month 6pm, 311 W 7th St., Columbia, TN, 38401	
7:00PM	<b>Process of Progress</b> , First Presbyterian Church, Access through side doors by gazebo, 202 South 2nd Street, Pulaski, TN, 38478	
7:00PM	<b>Sharing and Caring</b> , Veteran's Park, 530 Shoal Circle, Lawrenceburg, TN, 38464	(O)
7:30PM	<b>Fan The Flame</b> , Brook Hollow Baptist Church, 678 Brook Hollow Road (Main Entrance), Nashville, TN, 37209	(O,D)
7:30PM	<b>It Works</b> , TN, 37212	(VM)

## MONDAY

7:00AM	<b>Early Birds</b> , Madison, TN, 37115	(D,LT,VM)
NOON	<b>High Steppers</b> , Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091	(C,D,BK,H)
NOON	<b>Out to Lunch Bunch</b> , Belmont United Methodist Church (Outreach center at rear of church, downstairs), 2007 Acklen Ave, Nashville, TN, 37212	(O,NS)
NOON	<b>Sweet Surrender</b> , City Road Chapel United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115	(O)
6:00PM	<b>By The Book</b> , Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130	(C,LT,H,HY)

## MONDAY (CONT)

6:00PM	<b>I Can't; We Can</b> , Meets at Parish Life Center, 1217 Gallatin Pk South, Madison, TN, 37115	(O)
6:30PM	<b>GLOW</b> , Cumberland Heights IOP Facility, 745 S. Church St. Ste. 501, Murfreesboro, TN, 37130	(O,ME,H)
6:30PM	<b>Primary Purpose</b> , Cumberland Presbyterian Church, 522 Castle Heights Ave., Lebanon, TN, 37090	(O,D)
6:30PM	<b>Unloaded</b> , DAFA House, 110 S Main St, Dickson, TN, 37055	
6:45PM	<b>Hope Group</b> , Serenity House, 102 Harris St, Madison, TN, 37115	(HY)
7:00PM	<b>Breaking Free</b> , Maury Hills Church, 101 Unity Lane, Columbia, TN, 38401	(O)
7:00PM	<b>Clean and Serene</b> , Dekab Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166	(D)
7:00PM	<b>Ghostbusters</b> , Metropolitan Interdenominational Church, 2128 11th Ave. North, Nashville, TN, 37208	(O,D,BK)
7:00PM	<b>New Hope Group</b> , St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401	
7:00PM	<b>PPP: Portland Primary Purpose</b> , Oasis Seventh Day Adventist, 703 S. Broadway, Portland, TN, 37148	(O)
7:00PM	<b>Rutherford County Night Owls</b> , First United Methodist Church (upstairs 2nd floor), 265 W Thompson Ln, Murfreesboro, TN, 37129	(O,D)
7:00PM	<b>Sharing and Caring</b> , First United Methodist Church, 212 Waterloo Street, Lawrenceburg, TN, 38464	(O)
7:30PM	<b>Drop It Off</b> , Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211	(D)
7:30PM	<b>Miracles on Monday</b> , Emmanuel Lutheran Church, 1003 Hickory Hills Lane, Hermitage, TN, 37076	(O,D)
7:30PM	<b>Mother Group</b> , Westend United Methodist Church, Entrance around back by the dumpster, 2200 West End Avenue, Nashville, TN, 37203	(O,D,St,Tr,Spe)

## TUESDAY

11:30AM	<b>Midday Miracles</b> , Jefferson Street Missionary Bapt, 2708 Jefferson Street, Nashville, TN, 37208	(O,D)
NOON	<b>Recovery at Noon</b> , Central Christian Church, Basement, 404 East Main Street, Murfreesboro, TN, 37130	(O)
NOON	<b>Sweet Surrender</b> , City Roads Chapel United Methodist Church - 3rd Floor, 701 Gallatin Road S., Madison, TN, 37115	
5:30PM	<b>Happy Hour</b> , Belmont United Methodist Church (Back Entrance, Downstairs, Community Center), Masks suggested and are provided, 2007 Acklen Ave., Nashville, TN, 37212	(O)
6:00PM	<b>By The Book</b> , Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130	(C,D,LT,H,HY)
6:00PM	<b>The Next Step</b> , Serenity House, 313 N. Collins St., Tullahoma, TN, 37388	(O,D,H)
6:30PM	<b>Keeping Hope Alive</b> , 185 Mason Circle, La Vergne, TN, 37086	
6:30PM	<b>Primary Purpose</b> , Cumberland Presbyterian Church, 522 Castle Heights Avenue, Lebanon, TN, 37090	
6:30PM	<b>Serenity Sisters</b> , Last Stop Club, 2122 Utopia Ave, Nashville, TN, 37211	(O,W)
6:30PM	<b>Serenity Sisters</b> , The Last Stop Club, 2122 Utopia Ave, Nashville, TN, 37211	(O,W)
6:30PM	<b>Unloaded</b> , DAFA House, 110 S Main St, Dickson, TN, 37055	
6:45PM	<b>Hope Group</b> , Serenity House, 102 Harris St, Madison, TN, 37115	(HY)
6:45PM	<b>Underground Recovery Men's Meeting</b> , Central Christian Church, 404 East Main St, Murfreesboro, TN, 37130	(M,BK)
7:00PM	<b>Clean and Serene</b> , Dekab Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166	(D)
7:00PM	<b>Get Honest Hour</b> , Grove Hill Church, 5216 Nashville Hwy, Chapel Hill, TN, 37034	(C,D,H)

## TUESDAY (CONT)

7:00PM	<b>High Steppers</b> , Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091	(D,BK,H)
7:00PM	<b>Hope Not Dope</b> , Westmoreland Church of Christ, Speak and Eat Meeting, 1600 New Hwy. 52, Westmoreland, TN, 37186	(O,E)
7:00PM	<b>It Just Gets Better</b> , Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075	(O)
7:00PM	<b>New Comers Group</b> , Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462	(D,LT)
7:00PM	<b>New Hope Group</b> , St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401	
7:00PM	<b>No Matter What Group</b> , West End Baptist Church, 200 Morgan Ave N, Fayetteville, TN, 37334	(O,B,D,H)
7:00PM	<b>Open Arms</b> , Born Again Church, 858 West Trinity Lane, Nashville, TN, 37218	
7:00PM	<b>PPP: Portland Primary Purpose</b> , Oasis Seventh Day Adventist, 703 S. Broadway, Portland, TN, 37148	(O)
7:00PM	<b>Process of Progress</b> , First Presbyterian Church, Access through side doors by gazebo, 202 South 2nd Street, Pulaski, TN, 38478	
7:00PM	<b>Recovery Is Possible</b> , Temple Baptist Church (Meeting meets in the basement), 34 Oak Tree Drive, McMinnville, TN, 37110	(C,O,D,LT,H)
7:00PM	<b>Sharing and Caring</b> , First United Methodist Church, 212 Waterloo Street, Lawrenceburg, TN, 38464	(O)
7:00PM	<b>Spiritual Foundation</b> , Apex Recovery, Enter through side door of Parking lot, 209 Ward Circle, Brentwood, TN, 37027	(To)
7:00PM	<b>THE SPOT (Spiritual Principle of Today)</b> , Connection UMC, Meeting is the downstairs entrance until March 2026 (look for pink NA sign), 2846 Lebanon Pike, Nashville, TN, 37214	(O,D,LT,SP)
7:00PM	<b>TNC: The Next Chapter</b> , Bledsoe Baptist Association, 145 E Smith St, Gallatin, TN, 37066	(O)
7:30PM	<b>Drop It Off</b> , Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211	(LT)
7:30PM	<b>Masq Off Recovery LGBT Plus - All Are Welcome</b> , City Roads United Methodist Church - 3rd Floor, 701 Gallatin Road S., Madison, TN, 37115	(CL,LGBT,LT)
7:30PM	<b>The M&amp;M Meeting (Mindfulness and Meditation)</b> , Woodland Presbyterian Church (use Gartland Avenue entrance, diagonal from Calypso Cafe, plenty of free parking located behind the church, enter parking lot off Gartland Avenue), 211 N. 11th Street, Nashville, TN, 37206	(JT,ME)

## WEDNESDAY

7:00AM	<b>Early Birds</b> , Madison, TN, 37115	(D,LT,VM)
NOON	<b>Out to Lunch Bunch</b> , Belmont United Methodist Church (Outreach center at rear of church, downstairs), 2007 Acklen Ave, Nashville, TN, 37212	(O,D)
NOON	<b>Primary Purpose</b> , Cumberland Presbyterian Church, 522 Castle Heights Ave., Lebanon, TN, 37090	(O,D)
NOON	<b>Primary Purpose</b> , Cumberland Heights Presbyterian Church, 522 Castle Heights Avenue, Lebanon, TN, 37090	(O,D)
NOON	<b>Spiritual Solutions</b> , Cumberland Heights IOP Facility, 745 S. Church St, Ste 501, Murfreesboro, TN, 37130	(C,D,H,SP)
NOON	<b>Sweet Surrender</b> , City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115	
6:00PM	<b>No More Tears</b> , No More Tears Recovery, Inc. Office, Near Damo's, 1308 E Main St, Waverly, TN, 37185	(B)
6:00PM	<b>Spiritual Solutions</b> , Cumberland Heights IOP Facility, 745 S. Church St Suite 501, Murfreesboro, TN, 37130	(C,D,H,SP)

## WEDNESDAY (CONT)

6:00PM	<b>Surrender To Win</b> , Lafayette United Methodist Church, 600 West End Dr., Lafayette, TN, 37083	(O)
6:30PM	<b>Promise Of Freedom</b> , Suite 202, 433 Nissan Drive, Smyrna, TN, 37167	(C,LT)
6:30PM	<b>Promise of Freedom</b> , BrightPath Recovery Services, 433 Nissan Dr, Suite 202, Smyrna, TN, 37167	(O,LT)
6:30PM	<b>Unloaded</b> , DAFA House, 110 S Main St, Dickson, TN, 37055	
6:45PM	<b>Hope Group</b> , Serenity House, 102 Harris St, Madison, TN, 37115	(HY)
6:45PM	<b>Underground Recovery</b> , The Central Christian Church, 404 E Main St, Murfreesboro, TN, 37130	(RF)
7:00PM	<b>Clean and Serene</b> , Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166	(D)
7:00PM	<b>Decherd Surrender</b> , Decherd United Methodist Church, Open/Topic Meeting, 301 E Main St, Decherd, TN, 37324	(CL)
7:00PM	<b>New Hope Group</b> , St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401	
7:00PM	<b>Sharing and Caring</b> , Veteran's Park, 530 Shoal Circle, Lawrenceburg, TN, 38464	(O)
7:00PM	<b>Spirit</b> , Meeting ID# 873-7223-2477; Passcode 121212; Phone users use *6 to mute/unmute, Nashville, TN, 37208	(VM)
7:00PM	<b>Spiritual Awakening</b> , Refuge Church Nashville, 309 Rayon Dr, Old Hickory, TN, 37076	(O)
7:30PM	<b>Another Choice</b> , Hermitage United Methodist Church, 205 Belinda Drive, Hermitage, TN, 37076	(VM)
7:30PM	<b>Easy Does It</b> , 1215 Gallatin Ave, Nashville, TN, 37206	
7:30PM	<b>Fan The Flame</b> , Brook Hollow Baptist Church, 678 Brook Hollow Road (Main Entrance), Nashville, TN, 37209	(O,LT)
7:30PM	<b>Keep It Real Group (Zoom Only)</b> , Shelbyville, TN, 37160	(O,VM)
7:30PM	<b>Step by Step</b> , Woodmont Hills Church, Parking and entrance are on the back of the building. Enter through the main doors that are under the large awning on the backside of the church., 3710 Franklin Pike, Room 202, Nashville, TN, 37204	

## THURSDAY

11:30AM	<b>Midday Miracles</b> , Jefferson Street Missionary Bapt, 2708 Jefferson Street, Nashville, TN, 37208	(O,D)
NOON	<b>Sweet Surrender</b> , City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115	
4:30PM	<b>Freedom and Goodwill</b> , Nashville, TN, 37207	(VM)
6:00PM	<b>By the Book</b> , 2022 E Main St, Murfreesboro, TN, 37130	(C,St,Tr,CP,LT,H,HY)
6:30PM	<b>Unloaded</b> , DAFA House, 110 S Main St, Dickson, TN, 37055	
6:45PM	<b>Hope Group</b> , Serenity House, 102 Harris St, Madison, TN, 37115	(HY)
6:45PM	<b>Never Alone</b> , Central Christian Church, 404 East Main Street, Murfreesboro, TN, 37130	(O,D)
7:00PM	<b>Clean and Serene</b> , Dekalb Community Complex, 712 S. Congress Blvd, Smithville, TN, 37166	(D)
7:00PM	<b>Family is Forever</b> , Franklin First United Methodist Church, Use South B Entrance ground level next to dumpsters on south side of church. First room on left (B136) after entering door. If outside door locked, please knock and someone will let you in., 120 Aldersgate Way, Franklin, TN, 37069	(D)
7:00PM	<b>For Addicts Only</b> , Highland Park Church, 5710 Knob Rd., Nashville, TN, 37209	(C)
7:00PM	<b>Hope Not Dope</b> , Westmoreland Church of Christ, Speak and Eat Meeting, 1600 New Hwy. 52, Westmoreland, TN, 37186	(O,E)

**THURSDAY (CONT)**

7:00PM **Imagine the Freedom Group**, Centerville United Methodist Church, 103 College Avenue, Centerville, TN, 37033 (D,LT,Spe)

7:00PM **It Just Gets Better**, Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075 (O)

7:00PM **Knights to Recovery**, Hartsville United Methodist Church, 224 River Street, Layfayette, TN, 37074 (O)

7:00PM **New Comers Group**, Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462 (D,LT)

7:00PM **New Freedom Fighters**, Salvation Army, 631 Dickerson Road, Nashville, TN, 37027 (O,D)

7:00PM **New Hope Group**, St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401

7:00PM **PPP: Portland Primary Purpose**, Oasis Seventh Day Adventist, 703 S. Broadway, Portland, TN, 37148 (O)

7:00PM **Pathway To Progress**, First Presbyterian Church, 1101 Jackson St., Manchester, TN, 37355 (O,D,H)

7:00PM **Portland Primary Purpose**, 703 South Broadway Street, Portland, TN, 37148

7:00PM **Recovery Is Possible**, Temple Baptist Church (Meeting meets in basement), 34 Oak Tree Drive, McMinnville, TN, 37110 (O,D,H)

7:00PM **Rutherford County Night Owls**, First United Methodist Church, Meeting is held upstairs 2nd floor. Eating meeting on the 3rd Thursday of each month., 265 W Thompson Ln, Murfreesboro, TN, 37129 (O,D)

7:00PM **The Achievers Of NA**, City Hal, 141 Church St., Dowelltown, TN, 37059 (O,D)

7:30PM **Drop It Off**, Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211 (D)

7:30PM **New, New Horizons**, Ebeneezer Missionary Baptist Church, 2624 Morena Street, Nashville, TN, 37208 (D,St)

7:30PM **We've Had Enough**, Ascension Lutheran Church, 610 West Old Hickory Blvd, Madison, TN, 37115 (O,D,H)

**FRIDAY**

7:00AM **Early Birds**, Madison, TN, 37115 (D,LT,VM)

NOON **Out to Lunch Bunch**, Belmont United Methodist Church (Outreach center at rear of church, downstairs), NOTE: OTLB IS NOW MEETING ONLY ON MON/WED/FRI, 2007 Acklen Ave, Nashville, TN, 37212

NOON **Sweet Surrender**, City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115

5:30PM **Happy Hour**, Belmont United Methodist Church (Back Entrance, Downstairs, Community Center), Masks suggested and are provided, 2007 Acklen Ave., Nashville, TN, 37212 (O)

6:00PM **No More Tears**, No More Tears Recovery, Inc. Office, Near Damo's, 1308 E Main St, Waverly, TN, 37185 (B)

6:00PM **The Next Step**, Serenity House, Celebrations held on last Friday of the month, 313 Collins St., Tullahoma, TN, 37388 (O,D,H)

6:00PM **Underground Recovery Womens Meeting**, Central Christian Church, 404 E. Main St, Murfreesboro, TN, 37130 (O,D,W)

6:30PM **Finding A New Way To Live**, 433 Nissan Drive, Smyrna, TN, 37167 (O,D,H)

6:30PM **Finding a New Way to Live**, 431 Nissan Drive Suite 202, Smyrna, TN, 37167 (O,D)

6:30PM **Unloaded**, DAFA House, 110 S Main St, Dickson, TN, 37055

6:45PM **Hope Group**, Serenity House, 102 Harris St, Madison, TN, 37115 (HY)

**FRIDAY (CONT)**

7:00PM **BTC: Breaking the Chains**, First United Methodist Church, Meeting held in rear by the gym, 149 West Main St, Gallatin, TN, 37066 (O,CL)

7:00PM **Breaking Free**, Maury Hills Church, 101 Unity Lane, Columbia, TN, 38401 (O)

7:00PM **Clean and Serene**, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 (D)

7:00PM **Home Sweet Home**, First Presbyterian Church of Hendersonville, 172 West Main St, Hendersonville, TN, 37075 (O)

7:00PM **Keep it Real**, Fairlane Church of Christ (Last Friday of the month is an eat and speak meeting), 101 Dow Drive, Shelbyville, TN, 37160 (O,D)

7:00PM **New Comers Group**, Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462 (D,LT)

7:00PM **New Hope Group**, St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401

7:00PM **Rutherford County Night Owls**, First United Methodist Church, 265 W Thompson Ln, Murfreesboro, TN, 37129 (O,D)

7:00PM **Sharing and Caring**, First United Methodist Church, 212 Waterloo Street, Lawrenceburg, TN, 38464 (O)

7:30PM **Drop It Off**, Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211 (D)

7:30PM **Easy Does It**, 1215 Gallatin Ave, Nashville, TN, 37206

7:30PM **Houston County Group**, First Assembly of God, 700 Arlington St, Erin, TN, 37061

7:30PM **Moon Dogs**, Home Church, 3511 Gallatin Pike, Nashville, TN, 37216 (D)

7:30PM **Step by Step**, Woodmont Hills Church, Parking and entrance are on the back of the building. Enter through the main doors that are under the large awning on the backside of the church., 3710 Franklin Pike, Room 202, Nashville, TN, 37204

**SATURDAY**

9:00AM **Never Alone**, Central Christian Church, 404 East Main Street, Murfreesboro, TN, 37130 (O,D)

10:30AM **Unloaded**, DAFA House, 110 S Main St, Dickson, TN, 37055

NOON **Discover Recovery Group**, Epiphany Baptist Church, 508 South Main St, Springfield, TN, 37172

NOON **Surrender To Win**, Lafayette United Methodist Church, 600 West End Dr., Lafayette, TN, 37083 (O)

NOON **Sweet Surrender**, City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115

5:00PM **Five Alive**, Serenity House, Back Meeting Room, 102 Harris St, Madison, TN, 37115 (O,D,H)

6:00PM **It Just Gets Better**, Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075 (O)

6:00PM **Keep Coming Back**, Right Road Ministries, 190 Old Nashville Hwy, LaVergne, TN, 37086 (LT)

6:00PM **Spiritual Solutions**, Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130 (C,D,H,SP,SPAD)

6:00PM **The Recovery Plug**, Pomona Baptist Chruch Gym, Located in gym behind church. Handicap accessible, 974 Pomona Road, Dickson, TN, 37055 (O,D)

6:00PM **Women of Hope (Women only please)**, Inglewood United Methodist Church, 3511 Gallatin Pike, Nashville, TN, 37216 (C,B,D,W)

6:30PM **Unloaded**, DAFA House, 110 S Main St, Dickson, TN, 37055

7:00PM **Clean and Serene**, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 38166 (D)

**SATURDAY (CONT)**

7:00PM **Decherd Surrender**, Decherd United Methodist Church, Open/Topic Meeting, 301 E Main St, Decherd, TN, 37324 (O,To)

7:00PM **Give Us This Day**, Stewart County Senior Center, 111 General Rice Street, Dover, TN, 37068 (D)

7:00PM **High Steppers**, Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091 (C,CL,D,H)

7:00PM **New Comers Group**, Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462 (D,LT)

7:00PM **New Hope Group**, St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401

7:00PM **Pathway To Progress**, First Presbyterian Church, 1101 Jackson St., Manchester, TN, 37355 (O,D,H)

7:00PM **Rutherford County Night Owls**, First United Methodist Church (upstairs 2nd floor), 265 W Thompson Ln, Murfreesboro, TN, 37129 (O,D)

7:00PM **Saturday Sundowners**, Emmanuel Missionary Baptist Church, 934 43rd Ave N, Nashville, TN, 37209

7:00PM **Sharing and Caring**, Veteran's Park, 530 Shoal Circle, Lawrenceburg, TN, 38464 (O)

7:00PM **TNC: The Next Chapter**, Bledsoe Baptist Association, 145 E Smith St, Gallatin, TN, 37066 (O)

7:30PM **Drop It Off**, Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211 (D)

7:30PM **Saturday Night Live**, Otter Creek Church of Christ, 409 Franklin Rd, Enter on left side of building., Brentwood, TN, 37027 (HY)



## Greater Middle Tennessee Area

## Meeting Schedule

Note: Zoom meetings are listed with codes HY or VM. Please visit [NANashville.org](http://NANashville.org) for Zoom links and passwords

[WWW.NANASHVILLE.ORG](http://WWW.NANASHVILLE.ORG)

**AREA HELP LINE:**  
**(888) 476-2482**

**Meeting List as of  
January 24, 2026**

### Meeting Format Legend

B	Beginners	C	Closed
CL	Candlelight	D	Discussion
LGBT	LGBTQ+	JT	Just for Today
M	Men	O	Open
RF	Rotating Format	To	Topic
Tr	Tradition	W	Women
BK	Book Study	NS	No Smoking
ME	Meditation	CP	Concepts
LT	Literature study	H	Handicapped accessible
E	eating meeting	SP	Spiritual Principle
St	Step	Spe	Speaker
GP	Guiding Principles	TC	Temporary Closure
HY	Hybrid Meeting	VM	Virtual Meeting
SPAD	A Spiritual Principle a Day		

### PHONE NUMBERS

