

| SUNDAY | |
|----------------------|---|
| 10:00AM hrshr | Spiritual Solutions , Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130 (C,D,H,SP) |
| 10:30AM hrshr | Unloaded , DAFA House, 110 S Main St, Dickson, TN, 37055 |
| 11:00AM hrshr | Keeping Hope Alive , 433 Nissan Drive Suite 202, Smyrna, TN, 37167 (LT) |
| 12:30PM hrshr | 1-2-3 Cha Cha Cha , Nashville, TN, 37208 (LT,Spe,VM) |
| 12:30PM hrshr | Keep It Real , Fairlane Church Of Christ, Hybrid meeting meets in person and on Zoom 2nd and 4th Sundays of the month. Zoom ID 851 112 4561 Password keepitreal, 101 Dow Drive, Shelbyville, TN, 37160 (BK,H,GP,HY) |
| 1:00PM hrshr | It Just Gets Better , Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075 (O) |
| 1:00PM hrshr | Sweet Surrender , City Roads United Methodist Church - 3rd Floor, 701 Gallatin Road S., Madison, TN, 37115 |
| 2:00PM hrshr | Keep it Real , Fairlane Church of Christ, 101 Dow Drive, Shelbyville, TN, 37160 (LT,VM) |
| 5:00PM hrshr | Breaking the Cycle , Otter Creek Church - West End, Special interest meeting for addicts with children. Child-friendly meeting. All addicts welcome!, 3534 West End Avenue, Nashville, TN, 37205 (O,D) |
| 5:30PM hrshr | The Group Conscience , Priest Lake Community Baptist Church, 3325 Anderson Road, Antioch, TN, 37013 (O) |
| 5:30PM hrshr | The Ties That Bind Us , Cumberland Heights IOP, 745 S Church St Suite 501, Murfreesboro, TN, 37130 (C,LT,H) |
| 6:00PM hrshr | Bordeaux Group , House of Prayer Church, 1909 County Hospital rd., Nashville, TN, 37218 (O,TC,VM) |
| 6:00PM hrshr | By The Book (Woodbury) , Lions Club, 634 Lehman St., Woodbury, TN, 37190 (C,LT,H) |
| 6:00PM hrshr | Surrender To Win , Lafayette United Methodist Church, 600 West End Dr., Lafayette, TN, 37083 (O) |
| 6:30PM hrshr | Surrender to Win , Apex Recovery, 209 Ward Circle, Brentwood, TN, 37027 (B) |
| 6:30PM hrshr | Unloaded , DAFA House, 110 S Main St, Dickson, TN, 37055 |
| 6:45PM hrshr | Hope Group , Serenity House, 102 Harris St, Madison, TN, 37115 (HY) |
| 7:00PM hrshr | Just For Today , Seventh-day Adventist Church Madison Campus, Meeting is around the back of church to the right. Literature Study Every 4th Sunday., 607 Larkin Springs Rd, Madison, TN, 37115 (O,LT) |
| 7:00PM hrshr | New Comers Group , Hohenwald First United Methodist Chuch, 200 Court Street, Hohenwald, TN, 38462 (D,LT) |
| 7:00PM hrshr | New Hope Group , St Peter's Episcopal Church - Use Walker Street Entrance, Closed meeting 1st Sunday of each month 6pm, 311 W 7th St., Columbia, TN, 38401 |
| 7:00PM hrshr | Process of Progress , First Presbyterian Church, Access through side doors by gazebo, 202 South 2nd Street, Pulaski, TN, 38478 |
| 7:00PM hrshr | Sharing and Caring , Veteran's Park, 530 Shoal Circle, Lawrenceburg, TN, 38464 (O) |
| 7:30PM hrshr | Fan The Flame , Brook Hollow Baptist Church, 678 Brook Hollow Road (Main Entrance), Nashville, TN, 37209 (O,D) |
| 7:30PM hrshr | It Works , TN, 37212 (VM) |
| MONDAY | |
| 7:00AM hrshr | Early Birds , Madison, TN, 37115 (D,LT,VM) |
| NOON hrshr | High Steppers , Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091 (C,D,BK,H) |

| MONDAY (CONT) | |
|---------------------|--|
| NOON hrshr | Out to Lunch Bunch , Belmont United Methodist Church (Outreach center at rear of church, downstairs), 2007 Acklen Ave, Nashville, TN, 37212 (O,NS) |
| NOON hrshr | Sweet Surrender , City Road Chapel United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115 (O) |
| 6:00PM hrshr | By The Book , Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130 (C,LT,H,HY) |
| 6:00PM hrshr | I Can't; We Can , Meets at Parish Life Center, 1217 Gallatin Pk South, Madison, TN, 37115 (O) |
| 6:30PM hrshr | GLOW , Cumberland Heights IOP Facility, 745 S. Church St. Ste. 501, Murfreesboro, TN, 37130 (O,ME,H) |
| 6:30PM hrshr | Primary Purpose , Cumberland Presbyterian Church, 522 Castle Heights Ave., Lebanon, TN, 37090 (O,D) |
| 6:30PM hrshr | Unloaded , DAFA House, 110 S Main St, Dickson, TN, 37055 |
| 6:45PM hrshr | Hope Group , Serenity House, 102 Harris St, Madison, TN, 37115 (HY) |
| 7:00PM hrshr | Breaking Free , Maury Hills Church, 101 Unity Lane, Columbia, TN, 38401 (O) |
| 7:00PM hrshr | Clean and Serene , Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 (D) |
| 7:00PM hrshr | Ghostbusters , Metropolitan Interdenominational Church, 2128 11th Ave. North, Nashville, TN, 37208 (O,D,BK) |
| 7:00PM hrshr | New Hope Group , St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401 |
| 7:00PM hrshr | PPP: Portland Primary Purpose , Oasis Seventh Day Adventist, 703 S. Broadway, Portland, TN, 37148 (O) |
| 7:00PM hrshr | Rutherford County Night Owls , First United Methodist Church (upstairs 2nd floor), 265 W Thompson Ln, Murfreesboro, TN, 37129 (O,D) |
| 7:00PM hrshr | Sharing and Caring , First United Methodist Church, 212 Waterloo Street, Lawrenceburg, TN, 38464 (O) |
| 7:30PM hrshr | Drop It Off , Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211 (D) |
| 7:30PM hrshr | Miracles on Monday , Emmanuel Lutheran Church, 1003 Hickory Hills Lane, Hermitage, TN, 37076 (O,D) |
| 7:30PM hrshr | Mother Group , Westend United Methodist Church, Entrance around back by the dumpster, 2200 West End Avenue, Nashville, TN, 37203 (O,D,St,Tr,Spe) |

| TUESDAY | |
|----------------------|--|
| 11:30AM hrshr | Midday Miracles , Jefferson Street Missionary Bapt, 2708 Jefferson Street, Nashville, TN, 37208 (O,D) |
| NOON hrshr | Recovery at Noon , Central Christian Church, Basement, 404 East Main Street, Murfreesboro, TN, 37130 (O) |
| NOON hrshr | Sweet Surrender , City Roads Chapel United Methodist Church - 3rd Floor, 701 Gallatin Road S., Madison, TN, 37115 |
| 5:30PM hrshr | Happy Hour , Belmont United Methodist Church (Back Entrance, Downstairs, Community Center), Masks suggested and are provided, 2007 Acklen Ave., Nashville, TN, 37212 (O) |
| 6:00PM hrshr | By The Book , Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130 (C,D,LT,H,HY) |
| 6:00PM hrshr | The Next Step , Serenity House, 313 N. Collins St., Tullahoma, TN, 37388 (O,D,H) |
| 6:30PM hrshr | Keeping Hope Alive , 185 Mason Circle, La Vergne, TN, 37086 |
| 6:30PM hrshr | Serenity Sisters , Last Stop Club, 2122 Utopia Ave, Nashville, TN, 37211 (O,W) |
| 6:30PM hrshr | Serenity Sisters , The Last Stop Club, 2122 Utopia Ave, Nashville, TN, 37211 (O,W) |
| 6:30PM hrshr | Unloaded , DAFA House, 110 S Main St, Dickson, TN, 37055 |
| 6:45PM hrshr | Hope Group , Serenity House, 102 Harris St, Madison, TN, 37115 (HY) |

| TUESDAY (CONT) | |
|---------------------|---|
| 6:45PM hrshr | Underground Recovery Men's Meeting , Central Christian Church, 404 East Main St, Murfreesboro, TN, 37130 (M,BK) |
| 7:00PM hrshr | Clean and Serene , Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 (D) |
| 7:00PM hrshr | Get Honest Hour , Grove Hill Church, 5216 Nashville Hwy, Chapel Hill, TN, 37034 (C,D,H) |
| 7:00PM hrshr | High Steppers , Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091 (D,BK,H) |
| 7:00PM hrshr | Hope Not Dope , Westmoreland Church of Christ, Speak and Eat Meeting, 1600 New Hwy. 52, Westmoreland, TN, 37186 (O,E) |
| 7:00PM hrshr | It Just Gets Better , Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075 (O) |
| 7:00PM hrshr | New Comers Group , Hohenwald First United Methodist Chuch, 200 Court Street, Hohenwald, TN, 38462 (D,LT) |
| 7:00PM hrshr | New Hope Group , St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401 |
| 7:00PM hrshr | No Matter What Group , West End Baptist Church, 200 Morgan Ave N, Fayetteville, TN, 37334 (O,B,D,H) |
| 7:00PM hrshr | Open Arms , Behind Swetts, 2704 Torbett Street, Nashville, TN, 37209 |
| 7:00PM hrshr | PPP: Portland Primary Purpose , Oasis Seventh Day Adventist, 703 S. Broadway, Portland, TN, 37148 (O) |
| 7:00PM hrshr | Process of Progress , First Presbyterian Church, Access through side doors by gazebo. 202 South 2nd Street, Pulaski, TN, 38478 |
| 7:00PM hrshr | Recovery Is Possible , Temple Baptist Church (Meeting meets in the basement), 34 Oak Tree Drive, McMinnville, TN, 37110 (C,O,D,LT,H) |
| 7:00PM hrshr | Sharing and Caring , First United Methodist Church, 212 Waterloo Street, Lawrenceburg, TN, 38464 (O) |
| 7:00PM hrshr | Spiritual Foundation , Apex Recovery, Enter through side door of Parking lot, 209 Ward Circle, Brentwood, TN, 37027 (To) |
| 7:00PM hrshr | THE SPOT (Spiritual Principle of Today) , Connection UMC, Meeting is the downstairs entrance until March 2026 (look for pink NA sign), 2846 Lebanon Pike, Nashville, TN, 37214 (O,D,LT,SP) |
| 7:00PM hrshr | TNC: The Next Chapter , Bledsoe Baptist Association, 145 E Smith St, Gallatin, TN, 37066 (O) |
| 7:30PM hrshr | Drop It Off , Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211 (LT) |
| 7:30PM hrshr | Masq Off Recovery LGBT Plus - All Are Welcome , City Roads United Methodist Church - 3rd Floor, 701 Gallatin Road S., Madison, TN, 37115 (CL,LGBT,LT) |
| 7:30PM hrshr | The M&M Meeting (Mindfulness and Meditation) , Woodland Presbyterian Church (use Gartland Avenue entrance, diagonal from Calypso Cafe, plenty of free parking located behind the church, enter parking lot off Gartland Avenue), 211 N. 11th Street, Nashville, TN, 37206 (JT,ME) |

| WEDNESDAY | |
|---------------------|---|
| 7:00AM hrshr | Early Birds , Madison, TN, 37115 (D,LT,VM) |
| NOON hrshr | Out to Lunch Bunch , Belmont United Methodist Church (Outreach center at rear of church, downstairs), NOTE: OTLB IS NOW MEETING ONLY ON MON/WED/FRI, 2007 Acklen Ave, Nashville, TN, 37212 (LT) |
| NOON hrshr | Primary Purpose , Cumberland Presbyterian Church, 522 Castle Heights Ave., Lebanon, TN, 37090 (O,D) |
| NOON hrshr | Spiritual Solutions , Cumberland Heights IOP Facility, 745 S. Church St, Ste 501, Murfreesboro, TN, 37130 (C,D,H,SP) |
| NOON hrshr | Sweet Surrender , City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115 |

| WEDNESDAY (CONT) | |
|---------------------|--|
| 6:00PM hrshr | No More Tears , No More Tears Recovery, Inc. Office, Near Damo's, 1308 E Main St, Waverly, TN, 37185 (B) |
| 6:00PM hrshr | Spiritual Solutions , Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130 (C,D,H,SP) |
| 6:00PM hrshr | Surrender To Win , Lafayette United Methodist Church, 600 West End Dr., Lafayette, TN, 37083 (O) |
| 6:30PM hrshr | Promise Of Freedom , Suite 202, 433 Nissan Drive, Smyrna, TN, 37167 (C,LT) |
| 6:30PM hrshr | Promise of Freedom , BrightPath Recovery Services, 433 Nissan Dr, Suite 202, Smyrna, TN, 37167 (O,D,LT) |
| 6:30PM hrshr | Unloaded , DAFA House, 110 S Main St, Dickson, TN, 37055 |
| 6:45PM hrshr | Hope Group , Serenity House, 102 Harris St, Madison, TN, 37115 (HY) |
| 6:45PM hrshr | Underground Recovery , The Central Christian Church, 404 E Main St, Murfreesboro, TN, 37130 (RF) |
| 7:00PM hrshr | Clean and Serene , Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 (D) |
| 7:00PM hrshr | Decherd Surrender , Decherd United Methodist Church, Open/Topic Meeting, 301 E Main St, Decherd, TN, 37324 (CL) |
| 7:00PM hrshr | Sharing and Caring , Veteran's Park, 530 Shoal Circle, Lawrenceburg, TN, 38464 (O) |
| 7:00PM hrshr | Spirit , Meeting ID# 873-7223-2477; Passcode 121212; Phone users use *6 to mute/unmute, Nashville, TN, 37208 (VM) |
| 7:00PM hrshr | Spiritual Awakening , Refuge Church Nashville, WILL NOT BE OPEN ON 12/24/25. 1 YEAR ANNIVERSARY MEETING ON 12/27/25 (SEE CALENDAR), 309 Rayon Dr, Old Hickory, TN, 37076 (O) |
| 7:30PM hrshr | Another Choice , Hermitage United Methodist Church, 205 Belinda Drive, Hermitage, TN, 37076 (VM) |
| 7:30PM hrshr | Easy Does It , 1215 Gallatin Ave, Nashville, TN, 37206 |
| 7:30PM hrshr | Fan The Flame , Brook Hollow Baptist Church, 678 Brook Hollow Road (Main Entrance), Nashville, TN, 37209 (O,LT) |
| 7:30PM hrshr | Keep It Real Group (Zoom Only) , Shelbyville, TN, 37160 (O,VM) |
| 7:30PM hrshr | Step by Step , Woodmont Hills Church, Parking and entrance are on the back of the building. Enter through the main doors that are under the large awning on the backside of the church., 3710 Franklin Pike, Room 202, Nashville, TN, 37204 |

| THURSDAY | |
|----------------------|--|
| 11:30AM hrshr | Midday Miracles , Jefferson Street Missionary Bapt, 2708 Jefferson Street, Nashville, TN, 37208 (O,D) |
| NOON hrshr | Sweet Surrender , City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115 |
| 4:30PM hrshr | Freedom and Goodwill , Nashville, TN, 37207 (VM) |
| 6:00PM hrshr | By the Book , 2022 E Main St, Murfreesboro, TN, 37130 (C,St,Tr,CP,LT,H,HY) |
| 6:30PM hrshr | Unloaded , DAFA House, 110 S Main St, Dickson, TN, 37055 (LT) |
| 6:45PM hrshr | Hope Group , Serenity House, 102 Harris St, Madison, TN, 37115 (HY) |
| 6:45PM hrshr | Never Alone , Central Christian Church, 404 East Main Street, Murfreesboro, TN, 37130 (O,D) |
| 7:00PM hrshr | Clean and Serene , Dekalb Community Complex, 712 S. Congress Blvd, Smithville, TN, 37166 (D) |
| 7:00PM hrshr | Family is Forever , Franklin First United Methodist Church, Use South B Entrance ground level next to dumpsters on south side of church. First room on left (B136) after entering door. If outside door locked, please knock and someone will let you in., 120 Aldersgate Way, Franklin, TN, 37069 (D) |
| 7:00PM hrshr | For Addicts Only , Highland Park Church, 5710 Knob Rd., Nashville, TN, 37209 (C) |

| THURSDAY (CONT) | |
|-------------------------------|---|
| 7:00PM hrshr | Hope Not Dope , Westmoreland Church of Christ, Speak and Eat Meeting, 1600 New Hwy. 52, Westmoreland, TN, 37186 (O,E) |
| 7:00PM hrshr | Imagine the Freedom Group , Centerville United Methodist Church, 103 College Avenue, Centerville, TN, 37033 (D,LT,Spe) |
| 7:00PM hrshr | It Just Gets Better , Good Shepherd Methodist Church, 525 New Shackle Island Rd., Hendersonville, TN, 37075 (O) |
| 7:00PM hrshr | Knights to Recovery , Hartsville United Methodist Church, 224 River Street, Layfette, TN, 37074 (O) |
| 7:00PM hrshr | New Comers Group , Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462 (D,LT) |
| 7:00PM hrshr | New Freedom Fighters , Salvation Army, 631 Dickerson Road, Nashville, TN, 37027 (O,D) |
| 7:00PM hrshr | New Hope Group , St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401 |
| 7:00PM hrshr | PPP: Portland Primary Purpose , Oasis Seventh Day Adventist, 703 S. Broadway, Portland, TN, 37148 (O) |
| 7:00PM hrshr | Pathway To Progress , First Presbyterian Church, 1101 Jackson St., Manchester, TN, 37355 (O,D,H) |
| 7:00PM hrshr | Portland Primary Purpose , 703 South Broadway Street, Portland, TN, 37148 |
| 7:00PM hrshr | Recovery Is Possible , Temple Baptist Church (Meeting meets in basement), 34 Oak Tree Drive, McMinnville, TN, 37110 (O,D,H) |
| 7:00PM hrshr | Rutherford County Night Owls , First United Methodist Church, Meeting is held upstairs 2nd floor. Eating meeting on the 3rd Thursday of each month., 265 W Thompson Ln, Murfreesboro, TN, 37129 (O,D) |
| 7:00PM hrshr | The Acheivers Of NA , City Hal, 141 Church St., Dowlletown, TN, 37059 (O,D) |
| 7:30PM hrshr | Drop It Off , Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211 (D) |
| 7:30PM hrshr | New, New Horizons , Ebenezer Missionary Baptist Church, 2624 Morena Street, Nashville, TN, 37208 (D,St) |
| 7:30PM hrshr | We've Had Enough , Ascension Lutheran Church, 610 West Old Hickory Blvd, Madison, TN, 37115 (O,D,H) |

| FRIDAY | |
|------------------------|---|
| 7:00AM hrshr | Early Birds , Madison, TN, 37115 (D,LT,VM) |
| NOON hrshr | Out to Lunch Bunch , Belmont United Methodist Church (Outreach center at rear of church, downstairs), NOTE: OTLB IS NOW MEETING ONLY ON MON/WED/FRI, 2007 Acklen Ave, Nashville, TN, 37212 |
| NOON hrshr | Sweet Surrender , City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115 |
| 5:30PM hrshr | Happy Hour , Belmont United Methodist Church (Back Entrance, Downstairs, Community Center), Masks suggested and are provided, 2007 Acklen Ave., Nashville, TN, 37212 (O) |
| 6:00PM hrshr | No More Tears , No More Tears Recovery, Inc. Office, Near Damo's, 1308 E Main St, Waverly, TN, 37185 (B) |
| 6:00PM hrshr | The Next Step , Serenity House, 313 Collins St., Tullahoma, TN, 37388 (O,D,H) |
| 6:00PM hrshr | Underground Recovery Womens Meeting , Central Christian Church, 404 E. Main St, Murfreesboro, TN, 37130 (O,D,W) |
| 6:30PM hrshr | Finding A New Way To Live , 433 Nissan Drive, Smyrna, TN, 37167 (O,D,H) |
| 6:30PM hrshr | Finding a New Way to Live , 431 Nissan Drive Suite 202, Smyrna, TN, 37167 (O,D) |
| 6:30PM hrshr | Unloaded , DAFA House, 110 S Main St, Dickson, TN, 37055 |
| 6:45PM hrshr | Hope Group , Serenity House, 102 Harris St, Madison, TN, 37115 (HY) |

| FRIDAY (CONT) | |
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| 7:00PM hrshr | BTC: Breaking the Chains , First United Methodist Church, Meeting held in rear by the gym, 149 West Main St, Gallatin, TN, 37066 (O,CL) |
| 7:00PM hrshr | Breaking Free , Maury Hills Church, 101 Unity Lane, Columbia, TN, 38401 (O) |
| 7:00PM hrshr | Clean and Serene , Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 (D) |
| 7:00PM hrshr | Home Sweet Home , First Presbyterian Church of Hendersonville, 172 West Main St, Hendersonville, TN, 37075 (O) |
| 7:00PM hrshr | Keep it Real , Fairlane Church of Christ (Last Friday of the month is an eat and speak meeting), 101 Dow Drive, Shelbyville, TN, 37160 (O,D) |
| 7:00PM hrshr | New Comers Group , Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462 (D,LT) |
| 7:00PM hrshr | Rutherford County Night Owls , First United Methodist Church, 265 W Thompson Ln, Murfreesboro, TN, 37129 (O,D) |
| 7:00PM hrshr | Sharing and Caring , First United Methodist Church, 212 Waterloo Street, Lawrenceburg, TN, 38464 (O) |
| 7:30PM hrshr | Drop It Off , Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211 (D) |
| 7:30PM hrshr | Easy Does It , 1215 Gallatin Ave, Nashville, TN, 37206 |
| 7:30PM hrshr | Houston County Group , First Assembly of God, 700 Arlington St, Erin, TN, 37061 |
| 7:30PM hrshr | Moon Dogs , Home Church, 3511 Gallatin Pike, Nashville, TN, 37216 (D) |
| 7:30PM hrshr | Step by Step , Woodmont Hills Church, Parking and entrance are on the back of the building. Enter through the main doors that are under the large awning on the backside of the church., 3710 Franklin Pike, Room 202, Nashville, TN, 37204 |

| SATURDAY | |
|--------------------------------|---|
| 9:00AM hrshr | Never Alone , Central Christian Church, 404 East Main Street, Murfreesboro, TN, 37130 (O,D) |
| 10:30AM hrshr | Unloaded , DAFA House, 110 S Main St, Dickson, TN, 37055 |
| NOON hrshr | Discover Recovery Group , Epiphany Baptist Church, 508 South Main St, Springfield, TN, 37172 |
| NOON hrshr | Surrender To Win , Lafayette United Methodist Church, 600 West End Dr., Lafayette, TN, 37083 (O) |
| NOON hrshr | Sweet Surrender , City Roads United Methodist Church, 701 Gallatin Road S., Madison, TN, 37115 |
| 5:00PM hrshr | Five Alive , Serenity House, Back Meeting Room, 102 Harris St, Madison, TN, 37115 (O,D,H) |
| 6:00PM hrshr | It Just Gets Better , Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075 (O) |
| 6:00PM hrshr | Keep Coming Back , Right Road Ministries, 190 Old Nashville Hwy, LaVergne, TN, 37086 (LT) |
| 6:00PM hrshr | Spiritual Solutions , Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130 (C,D,H,SP,SPAD) |
| 6:00PM hrshr | The Recovery Plug , Pomona Baptist Church Gym, Located in gym behind church. Handicap accessible, 974 Pomona Road, Dickson, TN, 37055 (O,D) |
| 6:00PM hrshr | Women of Hope (Women only please) , Inglewood United Methodist Church, 3511 Gallatin Pike, Nashville, TN, 37216 (C,B,D,W) |
| 6:30PM hrshr | Unloaded , DAFA House, 110 S Main St, Dickson, TN, 37055 |
| 7:00PM hrshr | Clean and Serene , Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 38166 (D) |
| 7:00PM hrshr | Decherd Surrender , Decherd United Methodist Church, Open/Topic Meeting, 301 E Main St, Decherd, TN, 37324 (O,To) |

| SATURDAY (CONT) | |
|-------------------------------|--|
| 7:00PM hrshr | Give Us This Day , Stewart County Senior Center, 111 General Rice Steet, Dover, TN, 37068 (D) |
| 7:00PM hrshr | High Steppers , Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091 (C,CL,D,H) |
| 7:00PM hrshr | New Commers Group , Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462 (D,LT) |
| 7:00PM hrshr | New Hope Group , St Peter's Episcopal Church - Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401 |
| 7:00PM hrshr | Pathway To Progress , First Presbyterian Church, 1101 Jackson St., Manchester, TN, 37355 (O,D,H) |
| 7:00PM hrshr | Rutherford County Night Owls , First United Methodist Church (upstairs 2nd floor), 265 W Thompson Ln, Murfreesboro, TN, 37129 (O,D) |
| 7:00PM hrshr | Saturday Sundowners , Emmanuel Missionary Baptist Church, 934 43rd Ave N, Nashville, TN, 37209 |
| 7:00PM hrshr | Sharing and Caring , Veteran's Park, 530 Shoal Circle, Lawrenceburg, TN, 38464 (O) |
| 7:00PM hrshr | TNC: The Next Chapter , Bledsoe Baptist Association, 145 E Smith St, Gallatin, TN, 37066 (O) |
| 7:30PM hrshr | Drop It Off , Last Stop Club, Meeting is downstairs in the basement, 2122 Utopia Ave, Nashville, TN, 37211 (D) |
| 7:30PM hrshr | Saturday Night Live , Otter Creek Church of Christ, 409 Franklin Rd, Enter on left side of building., Brentwood, TN, 37027 (HY) |

| Meeting Format Legend | | | |
|-----------------------|-----------------------------|-----|------------------------|
| B | Beginners | C | Closed |
| CL | Candlelight | D | Discussion |
| LGBT | LGBTQ+ | JT | Just for Today |
| M | Men | O | Open |
| RF | Rotating Format | To | Topic |
| Tr | Tradition | W | Women |
| BK | Book Study | NS | No Smoking |
| ME | Meditation | CP | Concepts |
| LT | Literature study | H | Handicapped accessible |
| E | eating meeting | SP | Spiritual Principle |
| St | Step | Spe | Speaker |
| GP | Guiding Principles | TC | Temporary Closure |
| HY | Hybrid Meeting | VM | Virtual Meeting |
| SPAD | A Spiritual Principle a Day | | |

| PHONE NUMBERS | |
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Greater Middle Tennessee Area

Meeting Schedule

Note: Zoom meetings are listed with codes HY or VM. Please visit NANashville.org for Zoom links and passwords

WWW.NANASHVILLE.ORG

**AREA HELP LINE:
(888) 476-2482**

Meeting List as of December 5, 2025

Meetings Weekly: 173

